



**Little Achievers Occupational Therapy is hosting a **KinesioTaping** course through **Kinesio Australia!****

Each participant will be provided with authentic Kinesio Tape and an educational package consisting of;

- Complete workbooks
- 60-day trial access to the online International Kinesio Taping Database
- Official Internationally recognised Certificate of completion

**Course Content**

The Kinesio Taping KT1-2 course is highly practical in nature.

Initially in the KT1-2 course, about half of the first day is spent going through the theory of how and why Kinesio Tape works interspersed with some practical examples to illustrate key points.

For the remaining day and a half, there is practical lab after practical lab (interspersed with relevant theory) as the participants test muscles and apply tape with the intent of becoming more and more familiar with it.

There are a wide range of different muscles and joints covered from the neck to the feet and everything in between.

The goal at the end of the course is not to provide "recipes" for taping a limited range of body parts, but to ensure the participants' understanding of how and when Kinesio Tape can be used effectively so they can then use it in conjunction with their existing clinical knowledge and techniques.

**Qualifications post course:** KT1 and KT2

*There is a limit of 20 participants for the course so get your application in QUICK!*

**When:** Saturday 1<sup>st</sup> and Sunday 2<sup>nd</sup> July

**Where:** Little Achievers Occupational Therapy - 6/11 Forest Rd Hurstville 2220

**Time:** 8.30am – 5pm

**Costs:** \$670

Please contact Corinne Rixon by email [corinne@littleachievers.com.au](mailto:corinne@littleachievers.com.au) if you are interested in attending this course.

We look forward to hearing from you.

Corinne Rixon

Paediatric Occupational Therapist

[www.littleachievers.com.au](http://www.littleachievers.com.au)

Ph: 8021 3630

Mobile: 0405 122 166